

## Call for interviewees

for the research project

### Health Promotion in the Lived Realities of Trans\* Folks („GeLebT“)

*Do you define yourself as trans?<sup>1</sup>*

*Do you want to support research into trans\* experiences and healthcare...*

*by contributing expertise drawn from your own lived experience?*

*Have you had interactions with the healthcare system that helped you*

*... or, on the other hand, that were unpleasant or stressful?*

*Would you be prepared to discuss those experiences?*

***We would love if you'd be willing to support our study, ...***

***by sitting down for an interview with us.***

#### Who are we?

We are a six person team, comprised of two professors, two researchers and two student assistants from the University of Applied Sciences in Hamburg (HAW) and the Europa University in Flensburg (EUF). Some of us define ourselves as trans\*<sup>1</sup>, some as cis.<sup>2</sup> We are active in different academic, political, and creative spaces, focusing on various ways towards reducing discrimination, above all against trans\* folks.

#### What is our goal in researching trans\* experiences and health(care)?

We want our study to help improve health(care) provision, promotion, and prophylaxis amongst trans\* folks. To do this, we are researching and analysing the individual and collective needs and demands of trans\* people. Their lived experiences and expertise are the central focus of the research project. Our interviews with them will be the basis for deriving empirically-backed best-practice recommendations. These should serve to promote healthful lived realities for trans\* folks.

- We want to work out how such healthful lived realities for trans\* individuals can be put into practice. Prospective topics could include what kind of activities, support structures, and competencies serve to build trans\* resilience. The individual and collective needs identified by the trans\* folks we interview are central to this question.
- We want to formulate best-practice recommendations for healthcare workers and providers. This includes both sensitivity and awareness measures to build trans\* competency amongst doctors, those in care positions, etc. Another goal is to improve structural conditions for trans\* individuals in the healthcare system.
- We also want to analyse which structural changes are needed in preventive healthcare provision and practice, so that Trans\* Peer Educators working informally in this area are better able to support trans\* individuals.

#### How is the project structured? Who is going to be interviewed?

We want to conduct one-on-one and group interviews with three target groups. **We are currently looking for trans\* people for one-on-one interviews between February and July 2022.** From May – August 2022 there also will be group interviews with trans\* experts and trans\* advisors.

<sup>1</sup> We understand trans\* to include all individuals who define themselves as trans\*. For us, trans\* may include many different identities, such as transgender, transsexual, trans-identified, agender, nonbinary, enby, *divers*, ... and many others.

<sup>2</sup> We understand cis to mean those individuals who identify with the gender they were assigned at birth.

On top of that, we will conduct group interviews with healthcare professionals and trans\* peer educators starting in 2023.

After the interviews have been analyzed, there will be two (voluntary) workshops in 2023 with the study participants, the project staff and other interested parties. These workshops should give the study participants the opportunity to participate in the practical implementation of the research results.

- The first workshop on trans\* health(care) will focus on the results of the analysis. Using these results as a starting point, the participants will set forth which changes are needed.
- The second workshop will deal with how these necessary changes can be put into practice.

Centering the knowledge and experiences of the participants concerning their lived realities, and making space for this knowledge within academia is fundamental to the project.

**It is important to us to pay attention to the fact, that Trans\* people have many different lived realities and experiences. That is why we would like to explicitly address trans\* people, whose perspectives are all too often not heard: Trans\* people of migration, refugee, antisemitism and/or racism experiences, trans\* people with disabilities, trans\* people with non-academic educational paths and/or employment, trans\* people affected by unemployment, trans\* people who require care and older trans\* people.**

### How can you support the project?

You can support us by participating in a **one-on-one interview**. The approximately 60-minute interviews will be held in either German or English (spoken or written) at a quiet, convenient location. Audio may be recorded for ease of transcription and analysis.

The results will be collated anonymously, in accordance with applicable data protection regulations. Your participation is voluntary and may be stopped at any time without consequence. These details and your rights will be documented in an informed consent form.

**The interviews will be conducted by researchers who identify as trans\* and are themselves active in queer and trans\* communities.**

Research Team	HAW Hamburg	Europa University Flensburg
Project Leads	Prof. Dr. Miriam Tariba Richter	Jun.-Prof. Dr. Tamás Jules Fütty
Researchers	Ray Trautwein, M.A.	Lando Lanckenau, M.A.
Student Assistants	Kilian Rupp	Zoë Dunlop, B.A.

Are you interested or do you have questions? Then please contact [gelebt@haw-hamburg.de](mailto:gelebt@haw-hamburg.de) by e-mail on or before March 15th 2022.

We are looking forward to working with you!

[www.projekt-gelebt.de](http://www.projekt-gelebt.de)